



## **ICU Dietitians**

Dietitians play a very important role in caring for critically ill patients by assessing and managing their nutritional needs. These needs can vary greatly from patient to patient, according to the treatment they're receiving and many other factors, so the role of dietitians is crucial.

To provide the best possible care to each patient dietitians design a tailored nutritional plan, taking into account factors like height, bodyweight and any medical conditions. They'll also work with the diverse multi-professional team to determine the most appropriate way to deliver this nutrition.

Intensive care dietitians are highly skilled and very well trained, and intensive care units could not function at such a high level without them.