



## **ICU Physiotherapists**

Physiotherapists play a very important role in caring for critically ill patients, both on the ICU and during a patient's rehabilitation. They work as part of a diverse multi-professional team to provide holistic care to all patients and get them started on the path to recovery.

Physiotherapy in intensive care is much more than helping to get patients out of bed. Physio treatments will vary according to the length of a patient's stay and the nature of their illness. This may include physical rehabilitation to strengthen muscles and optimise function, and mucus clearance to make breathing more comfortable.

Intensive care physios are highly skilled and very well trained, and intensive care units could not function at such a high level without them.